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## **ABSTRACT**

A surgical device having a blade with a surface suitable for abutting against tissue, and further having an anchor guide portion for receiving an anchor. The device further includes an anchor positioned through the anchor guide portion, having a first end suitable for anchoring into bone, and a second end suitable for engagement with a surgical distractor. In addition to being using during retraction, the device may be further used to distract without any repositioning of the device.